

September's
Spiritual Sunshine



www.natureswayopen.com



NATURE'S WAY OPEN

YOUR CONNECTION TO SELF, SOUL, & SPIRIT

With an open heart,
Amber



NATURE'S INSPIRATION ADVICE FROM A RIVER



Go with the Flow
Immerse yourself in Nature
Slow down and meander
Go around obstacles without resisting
Be thoughtful of those downstream
The Beauty is in the Journey!

A NATURE PRESENCE PRACTICE:

The sound and flow of moving water, whether it be a creek, stream, river, lake or ocean, reminds us of our constantly flowing energy. What gets us "stuck" rather than flowing are our thoughts. This can be normal and natural for us all and nothing to beat ourselves up over. But to know that are thoughts are the obstacles of flow, allows us the space to work with them. Let difficult thoughts move through by slowing down, focusing on the presence of your body and breath, breathing deeply, and stating aloud "I am the flow." Find a flowing body of water to sit down alongside and remind yourself of who you REALLY are. You are the beautiful flowing energy that is beyond the thoughts that stir up our emotions. PEACE is your natural state. Flow is your natural state. Be the water. [Enjoy this link to support you in your flow presence practice.](#)

A reminder message to us all: Our purpose here, in part, is to feel joy and freedom, no matter what

May you be inspired by this mediumship message from a son (whose life was taken from him) to his mother, and the special gift he sent her, which I almost didn't send because to me it just didn't make sense. But it was perfect, and in impeccable timing. I'm so glad I trusted my nudge.



"I accept that my life was taken. I'm so free and joyous at the soul level, and that's what I want for you too."



Check out the video message by clicking the open heart!

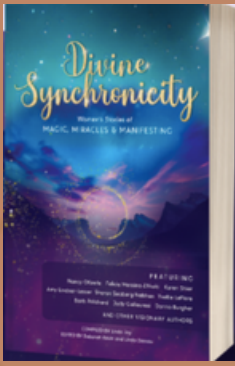
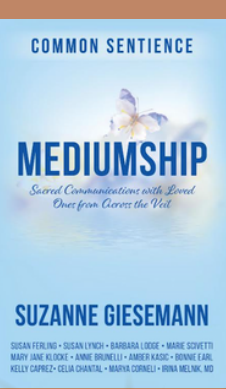
Two Upcoming Books!



Mediumship, Suzanne Giesemann

Divine Synchronicity, Linda Joy

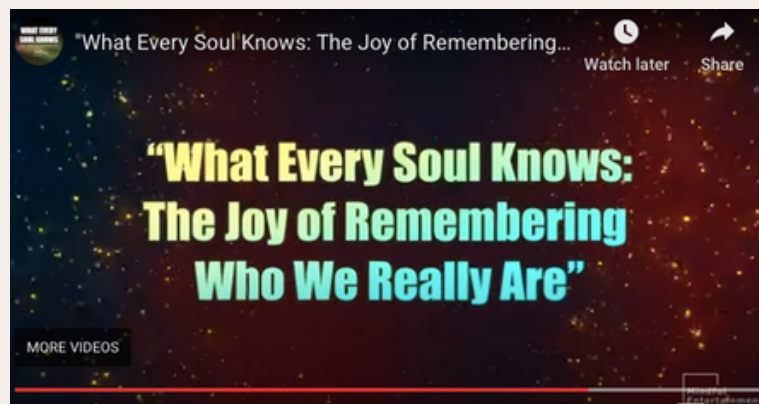
As a contributing co-author to each book, I am excited to continue to spread the message that we are loved, and Love itself. In Mediumship, I share the story, "Nature's Way Open," of my shared death experience with my father and the transcendent journey that followed. In Divine Synchronicity, I share a story, "Braving Wings," of acceptance that I am a medium when I was given a beautiful message and evidence for the man that moved into my parents original log home, just when he needed it.



Click on each book for a pre-order link and a free gift!

What really is the soul? How do our spirit guides 'talk' to us when we can't hear them? How can I forgive?

I am one of many spiritual or near-death experiencers and thought leaders that have been interviewed for the upcoming documentary, "What Every Soul Knows." You can find [my full interview](#), and those of all the others, on the film's page [linked here](#).

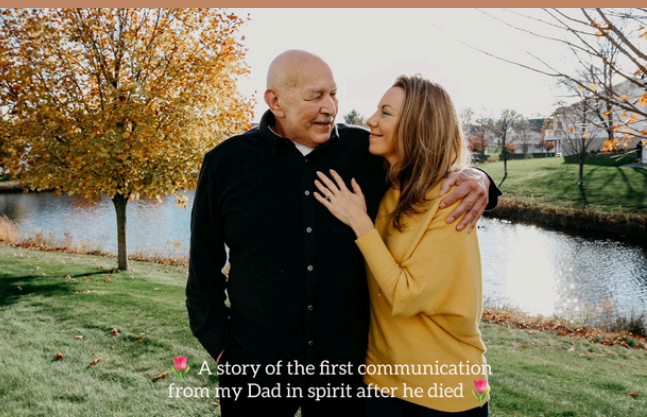


The film's message:

"We Are Created by Love, as Love, for Love."



Your Monthly Story of Signs and Synchronicity



As shared at the top of this page in the newsletter, I have a story authored in Suzanne Giesemann's upcoming book, [Mediumship](#). I opened that story by describing what was happening in this picture to the left, what I was thinking, and how it began my transcendent journey with my dad. That photo was taken Oct 22, 2020. Suzanne's book is being release Oct 22, 2024. Our story, my becoming a medium, and my passion to share what I now understand about our lives and who we really are, was simply meant to be, and meant to be shared!

Send me your story of signs and synchronicity for next month's newsletter!



Come and be a part of the Nature's Way Open facebook page to see this post and others like it! My hope with the page is to inspire you with just what's possible in our lives.

Nature's Way to Open Hearts



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